# **Team-Based Care Learning and Action Summary**

The learning and action summary pulls together the guidance and resources<sup>1</sup>, videos<sup>2</sup>, and guidance shared during various learning events and organizes content, so that you can easily reference materials as you implement team-based care in your practice. This guide provides content and resources that complement suggested implementation approaches provided in the *CPC+ Implementation Guide*.

### **Build Your Practice's Capacity for Improvement**

Action	Resource	
Learn how to manage change.	Watch IHI's short video on the Model for Improvement.	
Learn how to design tests of change.	Watch <u>IHI's short video</u> on how to create PDSA cycles.	
Learn how to track progress.	Watch IHI's short video on how to create and interpret a run chart.	

#### **Understand Team-Based Care in CPC+**

Action	Resource	
<ul> <li>Review the foundations of team-based care.</li> <li>Work together as a team that includes clinical and non-clinical staff.</li> <li>Assign care team roles and responsibilities for effective teamwork.</li> <li>Delegate direct patient care activities to specific care team members.</li> </ul>	<ul> <li>Review the Key Concepts section of the <u>CPC+</u> <a href="Implementation Guide">Implementation Guide</a>.</li> <li>Review Function 5: Planned Care and Population Health in the <u>Care Delivery Resource</u>.</li> <li>Review IHI's methods to <u>Optimize the Care Team</u>.</li> </ul>	

### **Define and Determine Your Approach to Team-Based Care**

Action	Resource	
Review how practices are defining team-based care.	Review how other practices define team-based care:  Defining Team-Based Care What Does Team-Based Care Mean to The Patient?  Patient?	

 $<sup>^2</sup>$  This icon denotes a live video clip and provides alternative text describing video clip contents. Hover over this icon with your cursor to view video descriptions.



<sup>&</sup>lt;sup>1</sup> Some of the resources listed in this summary report, including tools shared by other practices, reside on <u>CPC+Connect</u>. To directly access these links, log in to your CPC+ Connect account first. If you are not logged in to your CPC+Connect account and select one of these links, you will be directed to the website login page. Log in to the website, then return to this document and select the link again to open a new window.

## **Create an Effective Care Team and Team-Based Approach to Care**

Action	Resource		
<ul> <li>Create an effective care team.</li> <li>Assess your care team and workflows.</li> <li>Define roles and responsibilities to ensure care team members work at the top of their license.</li> <li>Provide training opportunities to care team members.</li> <li>Determine whether it is necessary to</li> <li>add new members or maximize current roles in your practice.</li> </ul>	Determine your care team structure:		
<ul> <li>Implement team-based care activities in your practice.</li> <li>Examine how to use pre-visit planning, huddles, and team communication.</li> <li>Implement the use of clinical decision support, standing orders and protocols.</li> </ul>	<ul> <li>Empower your team using collaborative team activities and training:         <ul> <li>What are Huddles?</li> <li>Steps for Effective Huddles</li> <li>Use Huddles to Build Trust and Debrief on Team Activities</li> <li>Implement Clinical Decision Support to Empower Your Team</li> </ul> </li> <li>Listen to the CPC+ Tactics to Go Ep. 2 - Working Upstream - The Shift to Proactive Population Health podcast.</li> <li>Watch the Utilizing Pre-Visit Planning Tools and Teamwork video.</li> <li>Review tools shared by practices on CPC+ Connect:         <ul> <li>Family Medicine Huddles Diagram</li> </ul> </li> </ul>		

### **Improve Care Team Efficiency**

Action	Resource	
<ul> <li>Identify opportunities to optimize care team responsibilities.</li> <li>Use practice data to inform improvements in quality, utilization, and patient care.</li> <li>Improve engagement across patients and practice staff.</li> </ul>	Optimize Your Care Team Workflow     Use Your Care Team to Educate Patients on Preventative Care and Chronic Conditions     Use data to drive quality improvement and patient care:         How Can You Use Data to Create a Culture of Improvement and Drive Care?         Integrate Health IT and Data to Optimize Your Care Team Approach	



#### **Network with Practices Like Yours**

Action	Resource
Collaborate with other practices implementing team-based care.  Post questions and share resources on CPC+ Connect.  Join discussions in affinity groups with practices around the country that share your same health IT vendor to find information on how to optimize application of your electronic health record.	<ul> <li>Join in on the conversation and share best practices on <u>CPC+Connect</u>.</li> <li>Explore the frequently asked questions (FAQs), called "Articles," available on <u>CPC+Connect</u>.</li> <li>Search for FAQs using the CPC+ Connect universal search bar or scan the Articles tabs in the Topics pages.</li> </ul>

### **Resource Quick Access List**

This section of the resource and action guide provides a summary list of resources and links.

Resource Category	Resource Type	Link
National Webinars  CPC+ national webinars are one-hour learning events that deliver content on specific CPC+ change concepts. Links to national webinars that relate to team-based care are listed on the right.	CPC+ Building a Team-Based Culture National Webinar	CPC+ Building a Team-Based Culture Office Hours
Learning Products CPC+ learning products include on-demand videos and podcasts. Links to learning products that relate to team-based care are listed on the right.	Learning Products	CPC+ Building A Team-Based Culture to Achieve CPC+ Goals Podcast CPC+ Tactics to Go Ep. 2 - Working Upstream - The Shift to Proactive Population Health Podcast
Action Group (AG) Webinars  Action Groups provide a deeper dive into specific CPC+ change concepts and change tactics. Action Groups are three sessions long, span a period of six weeks, and provide an environment for practices to learn, collaborate, and implement small tests of change over time. Links to each session on team-based care are listed on the right.	Action Group 10 (AG010) The Building Blocks of Team-Based Care: Getting Started	AG010 Session 1 (1) AG010 Session 2 (1) AG010 Session 3 (1)
Resources Shared by CPC+ Practices The following templates, guides, and resources on team-based care were developed by practices and shared on CPC+ Connect.	Building a Care Team	Back Pain Swim Lane Process
	Implementing Team-Based Care Activities	Family Medicine Huddles Diagram

